Arizona Walk to Emmaus Newsletter

Rooster Tales

Vol. 11 No. 10 November 2010

Gathering/Hoot/Training Schedule

Phoenix Area: (all Gatherings at **7:15 PM**)
Nov. 13 - Paradise Valley UMC, 4455 E. Lincoln Dr, Paradise Valley (**2:00 PM** training; **5:30 PM** potluck)
Steve & Toni Berg's email is toni.berg@bnaneuro.net

Peoria/Sun City Area: 2nd Sunday of each month
Nov. 14 - 6:30 PM Spirit of Hope UMC, 14403 N. 75th Ave, Peoria., Call **Debbie Barcus** at 623-225-1580 for information.

East Valley Area: 1st Sunday of each month
Nov. 7 - Gathering at 11:45 AM (Potluck) at Desert Chapel UMC in Apache Junction at 462 N. Palo Verde Call **Robert Olson** at 480-986-9822 or **June Brady** at 480-354-0494 with questions.

Flagstaff Area: All at Trinity Heights UMC, 3600 N. 4th St., in Fellowship Hall. Childcare provided. Potluck at 5:00 PM with worship at 6:00 PM
Nov. 6 (with training at 2:00 PM)
Kay Pitt's email: Kay.Pitt@nau.edu;
John Weber's email: zzweber@juno.com

Tucson Area: (the following begins at 5:00 PM with a potluck & Gathering at 6:30 PM)
Nov. 20 - St. Mark's UMC at 1431 W. Magee Rd., (SW corner of Magee & La Canada)
Dave Camp's email is J.D.Camp@msn.com

Yuma Area: (Potluck at 6:00 PM and 7:00 PM gathering celebration)
Nov. 19 - 1st UMC, 298 W. 3rd Street, Yuma
AnnaMarie Sollars' email is amsazmama@aol.com

Pick a location and join us for the fun and fellowship of a gathering, potluck and training! See you there!

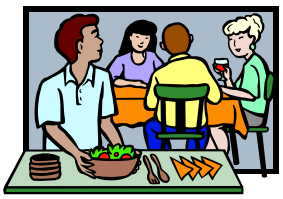
Walk Schedule

Walk 205, February 3-6, 2011, Desert Hills Presbyterian Church, **Jim Ellis**, Lay Director
Walk 206, February 10-13, 2011, Desert Hills Presbyterian Church, **Theresa Davis**, Lay Director
Walk 207, March 24-27, 2011, St. Paul's UMC, Tucson, **Manny Abeles**, Lay Director
Walk 208, March 31-April 3, 2011, St. Paul's UMC, Tucson, **Connie Wren,** Lay Director
Walk 209, June 2-5, 2011, Trinity Heights UMC, Flagstaff, **Geoff Stickler**, Lay Director
Walk 210, June 16-19, 2011, Trinity Heights UMC, Flagstaff, **Nellie Amedee**, Lay Director

NEW GROUPING CARDS ARE COMING!

Yes, after the new year, there will be new grouping cards available. Small changes are coming, but for those who like to agape things that deal with grouping, the group reunion card, etc. please note that changes are on the way. Before you make new agape for the February walks, watch for the changes! We will keep you posted.

4TH DAY DINNER



On **Saturday, Nov. 13**, at 5:30 PM, we will have the **4th Day Dinner** for the new Pilgrims from the October walks. The dinner will be held at Paradise Valley UMC at 4455 E Lincoln Dr.
We invite the Community to come, bring a dish, and celebrate the newest members of our AZ Community. We urge sponsors to bring their Pilgrims and extra food for them, and for the team from each of the past walks to make a special effort to attend. The Pilgrims love to see all of you again.
We are looking forward to a wonderful time of fellowship to welcome our new brothers and sisters. The **gathering** will follow at 7:15 PM. Please plan to join us! ~**Ellaine and Alan Doak**, 4th Day Chairs

Walk to Emmaus® THE UPPER ROOM™

A ONE SENTENCE WALK TO EMMAUS

We begin to find our **Priorities** by learning that
Prevenient Grace is available to the
Priesthood of All Believers when receiving the
Justifying Grace
brought to us through others living a
Life in Piety
who have had **Growth Through Study** to
understand the many **Means of Grace** so that their
Christian Action walk won't be impeded by **Obstacles to Grace** while showing an **Agape**
Feast of **Discipleship** to be a Christian leader
even at a **Candlelight Service** we have ideas about
Changing Our World because we were not left alone
and through **Sanctifying Grace** we join the
Body of Christ and gain
Perseverance to live
our **Fourth Day**.

Dell Dean #52
Inspired by God and written during
Arizona Walk to Emmaus #203

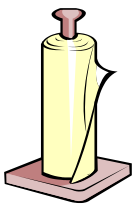
WHAT IS "KNEE MAIL?"

What a blessing to pray for others or to know that others are praying for you when the situation would merit it. Send an e-mail to LWILSON2005@COX.NET saying you would like to be part of the Emmaus Sea of Prayer. All emails are sent BCC . We do share prayer requests, praise reports, celebrations of life, joys and deaths. Reminders of events might be sent. Please join us!

~Mary Wilson, Knee Mail Moderator

Wishing you a blessed, bountiful Thanksgiving with family and friends!

God is like . . . Bounty
He is the quicker picker-upper, can handle the tough jobs. And He won't fall apart on you.



November 11, Veteran's Day - Remembering with gratitude those who came before so that we might live as we do.

WHEN THINGS IN YOUR LIFE SEEM

almost too much to handle, when 24 hours in a day is not enough, remember the mayonnaise jar and 2 cups of coffee. A professor stood before his philosophy class, and had some items in front of him. When the class began, he wordlessly picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He, then, asked the students, if the jar was full. They agreed that it was.

The professor, then, picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open spaces among the golf balls.

He, then, asked the students again if the jar was full. They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else.

He asked once more if the jar was full. The students responded with a unanimous, "Yes!"

The professor, then, produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the grains of sand. The students laughed.

"Now," said the professor, as the laughter subsided, "I want you to recognize that this jar represents your life. The golf balls are the important things -- family, children, health, friends, and favorite passions-- things that if everything else was lost, and only they remained, your life would still be full."

"The pebbles are the other things that matter like your job, house, and car. The sand is everything else -- the small stuff."

"If you put the sand into the jar first," he continued, "there is no room for the pebbles or the golf balls. The same goes for life."

"If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. So, pay attention to the things that are critical to your happiness. Play with your children. Take time to get medical checkups. Take your partner out to dinner. There will always be time to clean the house and fix the disposal. Take care of the golf balls first -- the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented. The professor smiled. "I'm glad you asked," he said. "It just goes to show you that no matter how full your life may seem, there's always room for a couple of cups of coffee with a friend."

PRE-EMMAUS, ANYONE?

We are charged with trying to share what Emmaus is all about with anyone who is interested in attending a weekend. We will go to any church or community to make a presentation on the walk to Emmaus. The Upper Room has produced a 10-minute DVD that explains the purpose of Emmaus extremely well. If you are interested in viewing this DVD and having us come to make a presentation to your community, please contact us. We can be reached at 480-831-2811 or by emailing ***wlanoue@cox.net.*** This film is not only great for potential pilgrims, but for Emmaus community members as well. It will re-light the fire that Emmaus started on your pilgrim Walk! Let's fill upcoming walks to capacity and have a waiting list, as we used to!

~Bill and Dusty LaNoue,
Pre-Emmaus

72-HOUR PRAYER VIGIL NEEDS YOU!

Please go to the website: ***www.azemmaus.org,*** click on Emmaus prayer vigils for the February walks! When you sign up online, you get a reminder of the time/date to pray. Thank you! **Kathy Tracy, Agape Chairman**

FOR THE GARDEN OF DAILY LIVING,

PLANT THREE ROWS OF PEAS :
1. Peace of mind
2. Peace of heart
3. Peace of soul

PLANT FOUR ROWS OF SQUASH:
1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

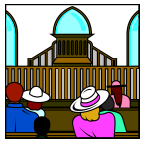
PLANT FOUR ROWS OF LETTUCE:
1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

NO GARDEN IS WITHOUT TURNIPS:
1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

TO CONCLUDE, WE MUST HAVE THYME:
1. Thyme for each other
2. Thyme for family and friends
3. Thyme for God

WATER FREELY WITH PATIENCE AND CULTIVATE WITH LOVE. THERE IS MUCH FRUIT IN YOUR GARDEN BECAUSE YOU REAP WHAT YOU SOW.

CHURCH REPRESENTATIVES



What is a "church rep?" The by-laws of the Arizona Walk to Emmaus states, "In each church having one or more members of the Emmaus Community, it is recommended that there be a Church Representative. The Church Representatives shall be responsible for the Arizona Walk to Emmaus movement in that church." The Board has come up with a list of duties that the church rep is responsible for overseeing: 1)To identify candidates for the Walk and arrange for sponsors. 2)To train sponsors as to their duties. 3)To keep track of reunion groups and assist people in finding a group. 4) To keep the church community informed of Emmaus events. 5)To keep up-to-date records of community members addresses, phone numbers, emails and to keep the Board notified of changes.

Our plan is to have the names of church reps listed on our website. Church reps are a crucial link between the Board of Directors and the local church community. Does your church have a church rep? If so, please contact Bill or Dusty LaNoue at wlanoue@cox.net so we can get you listed.

UPCOMING BOARD ELECTIONS

There will be an election for the following board members in May, so we will explain the duties of those positions in upcoming copies of the Rooster Tales. The positions that will be voted upon are **4th Day, Pre-Emmaus and Communications**.

Hopefully some of you will seek one of these positions on the Arizona Walk to Emmaus Board of Directors.

Let's explain a bit about 4th Day: Plans and conducts 4th Day dinner (pot luck), is the contact for Group Reunions, conducts leadership training, quarterly workshops, and is ultimately responsible for the 4th Day packets given out on the Walk Weekends.

Alan and I have served as a couple, we have changed to a pot luck dinner to include all the community, and the training has been handled by others. We feel that the packets are a very important part of this job as well as the dinners. It has been very rewarding to serve in this position. Seek us out at the Nov. 13th 4th Day Dinner in Paradise Valley, if you have questions.

~Ellaine and Alan Doak,
4th Day Chairs

Cooler weather is here!
Enjoy and be thankful!

BOARD OF DIRECTORS, 2010

EMMAUS OFFICE **623-937-9391**

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Secretary . . . . . **Sharon Daigle**
480-570-4836 . . . . . robert2344@msn.com
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Chrysalis . . . . . **Michaelle Ford**
520-405-1563 . . . . . Michaelle.Ford@gmail.com

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Three Day . . . . . **Larry & Mary Wilson**
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Community Spiritual Director . . . . . **Louie Lyon**
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623-974-5821, x-117 office . . . . . Louiepreacher@cox.net
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NOVEMBER, 2010

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