

Rooster Tales

Vol. 5 No. 3

March 2004

GATHERING/TRAINING SCHEDULE

Flagstaff Area (all at Trinity Heights UMC):

March 13 - Training at 3:30 p.m., Potluck at 6:00 p.m., Gathering at 7:00 p.m., childcare provided

May 15 - Potluck at 6:00 p.m., Gathering at 7:00 p.m., childcare provided

June 19 - 4th Day, Training 3:30, Potluck 6:00 p.m., Gathering 7:00 p.m., childcare provided

Marcia Brown's email for more information is marciabrown1@aol.com

Phoenix Area:

(all Gatherings at Central UMC, in Kendall Hall)

March 12 - Gathering, 7:15 p.m.

March 13 - Training, 1-3 p.m. at Phoenix First UMC, NW corner of Central and Missouri

April 16 - Gathering, 7:15 p.m.

May 14 - Gathering, 7:15 p.m.

June 26 - Training, 1-3 p.m. at Phoenix First UMC

George and Cathy Smoot's email for more information is gwsmoot@inficad.com

Tucson Area:

March 20 - at St. Mark's UMC in Tucson, Potluck at 5:00 p.m., a "mostly music" Gathering to follow

Dave Camp's email for more information is

J.D.Camp@worldnet.att.net

Tri City Area (all at Chino Valley UMC):

March 13 - Gathering at 4:00 p.m., snacks to follow

May 8 - Gathering at 5:00 p.m., snacks to follow

July 3 - STATEWIDE Picnic Gathering at Memory Park in Chino Valley

Lynn Garner's email for more information is

jack2lynn@cableone.net

West Valley Area:

First Sunday of each month through April

6:30 p.m. refreshments & fellowship followed by Gathering at First Presbyterian Church, Sun City
For more information call Wanda Morrill at 623-584-4798 or Pat Domino at 623-974-1204

WALK SCHEDULE

Walk 144, April 22-25, St. Paul UMC Tucson, Lay Director Jim Evans

Walk 145, April 29-May 2, St. Paul UMC Tucson, Lay Director Donna Northrup

Walk 146, May 20-23, Trinity Heights UMC, Flagstaff, Lay Director Bob Connally

Walk 147, June 3-6, Trinity Heights UMC, Flagstaff, Lay Director Barbara Paris

WHAT IF GOD...

What if God decided to stop leading us tomorrow, because we didn't follow Him today?

What if God couldn't take the time to bless us today because we couldn't take the time to thank Him yesterday?

What if we never saw another flower bloom because we grumbled when God sent the Rain?

What if God didn't walk with us today because we failed to recognize it as His day?



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What if, God took away the Bible tomorrow because we would not read it today?

What if, God took away His message because we failed to listen to the messenger? <=THINK ABOUT THIS ONE.....

What if, God didn't send His only begotten Son because He wanted us to be prepared to pay the price for sin?

What if, the door of the church was closed because we did not open the door of our heart?

What if, God stopped loving and caring for us because we failed to love and care for others?

What if, God would not hear us today because we would not listen to Him?

What if, God answered our prayers the way we answer His call to service?

What if, God met our needs the way we give Him our lives???

WORDS OF WISDOM

Have you ever been just sitting there and all of a sudden you feel like doing something nice for someone you care for?

THAT'S GOD talking to you through the Holy Spirit.

Have you ever been down and out and nobody seems to be around for you to talk to?

THAT'S GOD wanting you to talk to Him.

Have you ever been thinking about somebody that you haven't seen in a long time and then next thing you know you see them or receive a phone call from them?

THAT'S GOD. There is no such thing as coincidence.

Have you ever received something wonderful that you didn't even ask for, like money in the mail, a debt that had mysteriously been cleared, or a coupon to a department store where you had just seen something you needed, but couldn't afford?
THAT'S GOD knowing the desires of your heart.

Have you ever been in a situation and you had no clue how it was going to get better, how the hurt-

ing would stop, how the pain would ease, but now you look back on it. . .

THAT'S GOD passing us through tribulation to see a brighter day.

In all that we do, we should totally give thanks and our blessings will continue to multiply.



Guilt-Free Recipes

Savory Grilled Halibut

1/2 cup fat-free mayonnaise
2 tbsp. Bottled, sun-dried tomato vinaigrette
1 tbsp. finely chopped fresh basil
1 tbsp. lemon juice
1 lb. halibut steaks

Combine the first four ingredients in a small bowl; mix well. Set aside 4 tsp. mayonnaise mixture. Brush remaining mixture on both sides of halibut steaks; set aside. Coat grill rack with vegetable cooking spray. Place steaks on grill 4-5 inches from medium-hot coals. Grill, turning once, just until fish begins to flake when tested with a fork, allowing about 6-8 minutes on each side. To serve, transfer steaks to serving plates. Top each steak with 1 tsp. reserved mayonnaise mixture. Makes 4 servings.

Vegetable Chili

2 T. Oil (or less)
1 large onion
1 rib celery with leaves
2 T. chili powder
2 tsp. cumin
1 can (28 oz.) tomatoes
1 lb. lentil, washed & sorted
3 C. water (or more)
1 clove garlic
1 green pepper

Seasoning

DICE ALL VEGETABLES

Saute garlic, green pepper & celery until tender. Stir in chili powder, cumin, tomatoes, lentils & water. Bring to a boil & simmer, covered, until lentils are tender. May be served with grated cheddar cheese & sour cream.

Serves 6-8



Walk 144 - April 22-25, St. Paul's UMC, Tucson

Jim Evans	Lay Director
Randa Ray	Head Spiritual Director
Randy Gaines	Assistant Lay Director
Harry Magargee	Assistant Lay Director
Gordon McGregor	Assistant Lay Director
George Mullan	Assistant Lay Director
Joe Brown	Assistant Spiritual Director
Bob Pearce	Assistant Spiritual Director
Bob Ray	Assistant Spiritual Director
Doug Bowers	Music Director
George Hegeman	Head Cook
TBD	Assistant Head Cook

TALK TEAM

Manny Abeles	Chris Andreacola
Don Booth	Jim Buttke
John Clugh	Shannon Duck
Henry Dunkerson	Ken Ford
Jack Gray	Bill Fisher
Bob Fly	Steve Haralson
Art Martin	Jim Wright

COOK TEAM

Jim Beaman	Jim Bradford	Dave Camp
Roy Cooper	Gene Cox	Don Dyer
Manny Felix	Bruce Houston	Bill Huston
Gary Jay	Jim Kuhn	Kyle LaFollette
Larry Leach	Steve Lovern	Robert Otto
Ron Patton	Carl Peterson	Lionel Richardson
Kim Riddlesworth	John Robinson	Manuel Romero
Bob Stain	Dick Snow	Don Tucker
Basil Wells		

PILGRIMS

Dick Claxton	Scott Hartung	Robert Hawk
Ron Hill	Joe Jameson	Bob Kirkpatrick
Ernie LeMaster	Ray Loughney	Garth Neilsen
Ron Salik	Chuck Shipman	Jack Teems

Invited but have not responded as of 2/16/04

Pete Acevedo	Aaron Blagg	Carl Bowdon
Jerry Callen	Doug Camp	Leo Damkroger
Bryan Folstad	Ron Hill	John Holley
Ron Kuhn	Dick Lueck	Paul Lupo
Ed Pisarsky	Robert Stefan	Joe Volenstine
Linwood Wroten	Rod York	

**Walk 145 - April 29-May 2, St. Paul's UMC, Tucson**

Donna Northrup	Lay Director
Becky Oakes Long	Head Spiritual Director
Becky Cowart	Assistant Lay Director
Robin Fisher	Assistant Lay Director
Elaine Roberts	Assistant Lay Director
Paula Volenstine	Assistant Lay Director
Todd Grant	Assistant Spiritual Director
Cynthia Kirk	Assistant Spiritual Director
Joyce Thornton	Assistant Spiritual Director
Janice Abshire	Music Director
Nancy Kern	Head Cook
Karen Anderson	Assistant Head Cook

TALK TEAM

Darla Andreacola	Janet Camp	Kara Culver
Judy Darling	Donna Etter	Connie Hegeman
Kaye Jay	Margo Kahler	Ann Larrabee
Virginia Martin	Jeanne Padgitt	Barbie Spining
Peggy Tate	Linda Turck	Jodi Wheeler
Donna Wright		

COOK TEAM

Sandy Allen	Karen Anderson	Barbara Baitzer
Jan Bearman	Renee Burnett	Sherry Brady
Jackie Callen	Joyce Edwards	Carol Fly
Lisa Ford	Joan French	Judi Jeanpierre
Karen Kuhn	Hattie Jo LaFollette	Melva Lehman
Anita Oquita	Cindy Osborn	Susie Oxnam
Kay Robinson	Cheryl Smith	Lorene Sparks
Martha Spore	Edith Steinhorst	Lynda Turrentine
Kathryn Twinfeathers		

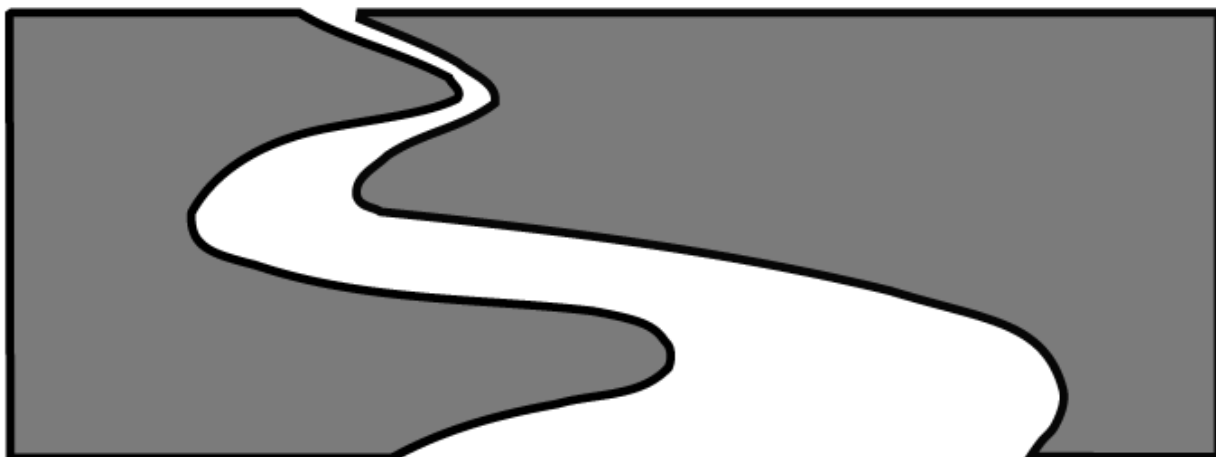
PILGRIMS

Tova Bedolla	Terry Boswell	Judy Claxton
Zoe Dietrich	Jeanne Festa	Stephanie Hartung
Carmen Hawk	Carrie Hill	Paula Jameson
Shauna Melvin	Barb Nielsen	Susi Rubendoll
Genita Salvagio	Leslie Sansone	Pat Shipman
Pam Stone	Sandi Teems	Jessie Zander

Invited but have not responded as of 2/16/04

Cathy	Eva Acevedo	Shari Attebery
Bonnie J. Baccus	Carrie Bowdon	Deborah Christine
Nicole Evans	Jane Graham	Sam Guzman
Fran Haynes	B.J. Jeffrey	Sue Johnson
Maxine Joplin	Judy Kuhn	Phyllis Lupo
Anita Martin	Judy Morris	Wilma Pisarsky
Kris Smith	Lynda Weidner	





MARCH, 2004

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Music..... Ted Bachelder
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Pre-Emmaus..... Art and Dinah Brooks
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