#### Arizona Walk to Emmaus Newsletter

# oster lales



Vol. 13No. 7

Summer 2012

#### Gathering/Hoot/Training Schedule

**Phoenix Area:** (all Gatherings at 6:15 PM)

Sept. 8 - St. Matthew United Methodist Church, 2540 W. Baseline Rd., Mesa, near Dobson and Baseline. 5:00 PM potluck; 6:15 PM gathering

Jim & Cindy McFadden's email is Cindymcfadden53@yahoo.com or call Jim at 602-881-0328.

Flagstaff Area: (All at Trinity Heights UMC, 3600 N. 4th St., in Fellowship Hall. Childcare provided. Potluck at 5:00 PM with worship at 6:00 PM)

Sept 8

**Nov 3** (with training at 2 pm)

Sarah McGuire's email is Smcguire@wlgore.com John Weber's email is zzweber@juno.com

Tucson Area: (the following begins at 5:00 PM with a potluck & Gathering at 6:30 PM)

July 21 - Green Valley Community Church at 300 W. Esperanza Blvd, Green Valley

Sept. 15 - Christ Church United Methodist, 655 N Craycroft Rd, Tucson

Manny Abeles' email is mannyct1@yahoo.com

Yuma Area: (the following begins at 6:00 PM with a potluck & Gathering at 7:00 PM)

July 13 - Gila Mountain UMC at 12716 N. Frontage Rd, Yuma

**Sept. 14** - Trinity UMC, 3030 S. 8th Ave. AnnaMarie Sollars' email is amsazmama@aol.com



### Chrysalis Flight #35 info inside!

Our youth will be meeting in Buckeye July 20-22. Please see inside how to address your agape notes. Join us for candlelight on Sat, July 21! Thank you.



#### Walk Schedule

Walk 219, Oct 11-14, 2012, Paradise Valley UMC, Kathryn Tracy, Lay Director Walk 220, Oct 4-7, 2012, Paradise Valley UMC, Wally Athey, Lay Director Walk #221, Feb. 21-24, 2013, Tucson Jim Buttke, Lay Director Walk #222, Feb. 28-Mar. 3, 2013, Tucson



Nancy Kern, Lay Director

#### Men's Walk #220 to be held for certain, Oct. 4-7 in Paradise Valley!

Both Men's and Women's Walks #219 and #220 will happen in October. If

you have pilgrims wanting to attend, note there is no longer a minimum number of male attendees for Walk #220. The Walk will happen as God sees fit. Due to an inability in securing a church/dates in the Valley for the Spring walks for both men and women, we will not have Walks in Central AZ in the Spring of 2013, as would normally happen. The AZ WTE Board of Directors was forced to make this decision at their June board meeting. Therefore, if you have a pilgrim wanting to attend a walk, be sure to get their application in to the registrar as quickly as possible for the Oct 2012 walks to be held at Paradise Valley UMC.

There will be walks in Tucson in early spring and in Flagstaff in late spring of 2013, but the next walk in the Phoenix area will be in October, 2013. Let's be praying as to whom God would have us all send and then get friends and relatives registered!

> ~Frank Northrup, Community Lay Director

Enjoy whatever summer you have left. Be safe, be connected. See you in September!

## **Chrysalis Flight #35 Boys Grace Fellowship Church - Buckeye**

#### Leader's Team

**Jason Simmers** Lay Director Assistant LD JJ Ross Lee Smythe Assistant LD **Ed Taylor** Music Leader Becky Weber Board Rep. Cathy & Joe Rudder **Head Cooks** Tammy Ross Assistant HC Gary Prichard Head Spiritual Leader Judy Boroto Asst. Spiritual Leader Vicki Lerdahl Asst. Spiritual Leader **Bob Lind** Asst. Spiritual Leader Deb Schauer Asst. Spiritual Leader (These same spiritual leaders will also guide the girls' team.)

#### **Talk Team**

Trevor Askeland Keith Kerns
Jim Barcus Jake Kromer
Bryan Fike David Krantz
Casey Goslin Jim McFadden
Jacob Hendricks Bill Munn

Ray Smith

#### **Cook Team**

Mike Capps Andrew Hoskinson
Patrick Centner Jeff Robbins
Charles Edwards John Ross
Shaun Farrier Xavier Silva

Larry Wiegman

#### Chrysalis Flight #35 Girls Grace Fellowship Church - Buckeye

#### Leader's Team

Patty Ek Lay Director Ashley Burford Assistant LD Julie Jensen Assistant LD Jewly Van Laningham Assistant LD Judy Taylor Music Leader Becky Weber Board Rep. Cathy & Joe Rudder **Head Cooks** Tammy Ross Assistant HC

**Talk Team** 

Katie Baker
Holly Case
Alice Easter
Rachelle Eckert
Kathryn Fike
Kristin Forrester
Nicole Goslin
Susan Hebert
Lita Johnson
Chris Lane
Marla Lind
Janet Paterson

Mary Nell Woodward

#### **Cook Team**

Debbie Barcus
Toni Berg
Jenni Centner
Angelina Farrell
Heather Farrier
Kelsey Kerns
Brenda Lundmark
Beth Morgan
Briana Morgan
Katharine Keller
Deb Stone

3-Day

Michelle Beckelhimer Kelly Capps Robbin Brooks Sherry Hoskinson

#### LOCATION OF JULY CHRYSALIS #35 FLIGHT

Grace Fellowship Church is located at 1300 W. Miller Road in Buckeye.

Please support this team and caterpillars by praying, writing agape notes addressed to "caterpillar, butterfly or child of God." (Remember, the youth start out as caterpillars, go thru the chrysalis process and come out as butterflies.) Because we do not yet know the names of all the youth attending, please write extra notes so that all may have one in their agape bag. (72 youth hoped for!)

Agape for team members is also encouraged.



#### SCHEDULE REMINDERS:

Friday morning 8:00 AM Registration 8:30 - 9:00 Send Off

9:00 - 9:30 Sponsor's Hour

Saturday night 8:00 PM Candlelight Sunday evening 4:00 PM Closura





#### **MEET THE NEW BOARD!**

Wolcome

As of July 1, the new Board of Directors took office. The newest members include me, Frank Northrup as your Community Lay Director, Wally Athey, Sarah McGuire, Cindy and Jim

McFadden and elected for a full three-year term were the Prices, Beth and Terry. I am excited to reconnect with many old friends and make new ones as I go forward on my fourth day walk with the Lord as your new Community Lay Director. I know that there will be challenges along the way, but I also know that God continues to be with us as we attempt to lay the course for future walks.

Wally Athey is the new Assistant Community Lay Director. His experience in church administration and communications will be a valuable asset to the community in the coming years. I just met Sarah McGuire for the first time in June, but her willingness to represent the Northern AZ community is much appreciated. Jim and Cindy McFadden are already hard at work with the gathering schedule. And I am happy to see Beth and Terry continue as 4th Day chairs after filling a partial one-year term. Please pray for us as we assume our new duties and for all the members of the board of AZ WALK TO EMMAUS as we seek God's will and direction in the coming year.

Our prayers go with **Ron and Kay Pitt** and **Toni and Steve Berg** as they depart the board after many years of service.

God bless,

Frank Northrup, Community Lay Director

#### QUESTIONS ANYONE?

Do you have a question or concern you would like to share with a Board member? Please call or email anyone listed on the back page of the Rooster Tales!

#### MISSION TRIPS

Prayers for safe travel to all those who are spending some time this summer traveling to locations in order to assist the locals with mission projects. May it be in-state or farther from home, know that

we will keep you in prayer as you assist those less fortunate. Thank you for your time and service! Go with God! Those you are helping will see Jesus through your smiles and actions.

#### A Team Member's Model

- "When we serve on a weekend, we need to remember to model the requests that are given to the pilgrims or butterflies.
- "For example, if they are asked to retire in silence, we need to be mindful of that and whisper if we have to talk after they have gone to bed and before silence is broken the following morning.
- We ask them to NOT use their cell phone, so we need to keep ours out of sight. The ideal is to have attendees leave
- their phone with their sponsor. It is after all, a closed community during the entire weekend. If a team member needs to use a phone, have it in your pocket or apron and do not look at the time when attendees are in close proximity. Leave your phone in your sleeping area, if possible. Table leaders do not need a phone. They are urged to "not anticipate" and go with the flow. Day leaders give instructions to the group, so do what is asked and help your tablemates
- not to ask too many questions. It will all work out.
  Cookies, try not to gather in groups talking amongst yourselves when attendees are near.
- Smile, come with a servant's heart, let go and let God!

  It is after all, His weekend! ~Janet Paterson



Our youth are our future! Support the Chrysalis weekend on July 20-22 by inviting youth you know to attend.

Bring your candle and come let the youth of our community see Jesus in your smile and in your eyes at

Candlelight, Saturday, July 21, 8:00 PM Grace Fellowship Church in Buckeye (Address on page 2)



#### PILGRIM SPONSORSHIP

Coming off a Walk as a new Pilgrim often makes you want to share this amazing experience with everyone you know. As a sponsor, you are a fisher of men and women. Recognizing when a person is ready to attend, takes prayer and time is as important as the sponsorship itself.

The Walk to Emmaus is most successful when the person you sponsor is ready to enter this amazing retreat with an open heart, open mind and open arms. I firmly believe that each Walk has a purpose God has preordained, and if a Pilgrim must wait for their Walk, this is God preparing their way for the Walk He wants for them.

Sponsorship is a combination of sponsor and Pilgrim. Are you ready to be a sponsor? You must be actively grouping to sponsor a Pilgrim.

The criterion is simple when thinking about sponsorship, is the person you are approaching:

A member of a church or attending regularly?

At least 23 years of age?

Wish to strengthen their spiritual lives?

Understand that being a Christian also involves responsibilities?

Have any unanswered questions about prayer, study and sharing their faith?

Want to have positions of responsibility within their church, regardless of the denomination?

Emotionally stable? (Generally they should not have experienced a recent trauma such as death in the family, divorce, illness, etc.)

Your Pilgrim may not be able to attend the date of their first choice. Be careful not to leave them with the impression that they are going on a certain date until it is confirmed. Look over their application to be sure that all the contact and other information is completed, as well as verifying that the \$20 fee accompanies the application when sending it in. Now is the time to explain the cost of the Walk (\$95.) and that you, as the sponsor, (may be) covering that fee. If your Pilgrim is paying that fee, remind them that they can bring no money – only a check for the fee. This is also a good time to go into more details before the weekend.

Location and date – that they may want to take off the Monday after the Walk to recoup!

Leave valuables at home

Will not need a watch or cell phone

Do they have any special needs? Diabetic foods? Medications? Oxygen pack machine? Wheel chair?

What they need to bring for the weekend, consider it camping: pillow, sheet, blanket, toiletries, towel, washcloth, etc.

What they DON'T need. Meals are provided, water and whatever else they may want in the way of food and drink (good idea to agape if they need specific drink, ie Gatorade, power drink or drink only coke zero, for instance).

Check into needs and reassure the Pilgrim that everything at home will be taken care of while they are on the Walk and follow through to be sure that this is done.

Sponsorship responsibilities *before* the walk other than discussing the weekend with the Pilgrim include:

**Sending** out the Agape letter to the Pilgrim's family and friends, following up and being sure you have collected it prior to the weekend [Friday night at the latest]. Allow plenty of time for this to be sent and received back to you prior to the Walk.

**Explain** the Saturday evening Candlelight service to the Pilgrim's family and friends. Follow through with them to be sure they have transportation as well as location information.

**Banner** Be sure to create your Pilgrim's banner, asking what is their favorite hymn, scripture, faith moment, color or anything else that is meaningful to them in order to make a **banner** that is truly unique to your Pilgrim.

We urge EVERYONE to make a banner as part of the Pilgrim weekend. Please do not make framed pictures, trays, t-shirts, etc. A banner is what is required and we need to hold true to that concept.

The banner should be no larger than 24"x36" and should be brought Thursday night of the Walk, but do not let the Pilgrim see it. Wrap it in a large garbage sack and your Pilgrim will never be the wiser.

The banner is an integral part of the Walk, in that every Pilgrim will have one. Plan to take the banner when you drop off your Pilgrim on Thursday evening.

The Thursday of the Walk, expect to take your Pilgrim out to dinner and then to the location of the walk.

It is a good idea to arrive at the Walk location early enough(6:45 pm) that the Pilgrim can get their bed made and unpack a little. Be sure to stay for the Sponsor's Hour Thursday evening after the Pilgrims are called out of the Sanctuary at 7:30 pm.

You are expected to attend the candlelight on Saturday evening at 8:00 pm and closing services Sunday evening at 5:00 pm. You will be collecting your Pilgrim and their possessions and taking them home after closing services. If your Pilgrim is hungry or wanting to have some "down time" before going home, plan to stop for dinner or dessert and let them tell you about their experience.

#### After the Walk:

\*Help your Pilgrim find a group to join. Grouping is integral to the Walk, as it is the consistent touching of your faith base that keeps you steady on your personal Walk.
\*Offer to take your Pilgrim to their Fourth Day Dinner.
This is another part of the 'afterglow' that the Walk brings.

\*Offer to take them to their first Gathering. Being with others who have been on a Walk also gives them the support, as well as community, that a Walk can bring.
\*Follow-up with your Pilgrim regarding training for their participation in future Walks.

If you remember that you are fishermen and women, God will put those pilgrims in front of you that He wishes to come to this experience. Prayerful discernment is always needed. Sponsorship is a important responsibility after your 4<sup>th</sup> Day, and a joy to bring into the lives of others. Consider becoming a sponsor!

~Kay Pealstrom & Janet

#### AGAPE

Agape, those unconditional love gifts at an Emmaus Walk, are both necessary and overwhelming. I have all of mine in a basket near my couch where I can go back and read them when I am feeling the need for a reminder that I am not alone.

Agape comes in two sorts. General agape, for pilgrims and for team is often made by grouping sisters/brothers who work together on a project which all participate in providing materials or in the actual crafting. Be sure to mark the bag of your general items whether they are for Pilgrims, Talk Team or Cooks. This will help the Agape Team to sort out items more quickly. The other sort of agape, personal and for specific Pilgrims is created or purchased for pilgrims known to the Emmaus group or church community. Personal agape is more singular. Journals, devotional books, little boxes, jewelry, spiritual books, special drinks your Pilgrim likes for their Walk, and little treats you know your Pilgrim will enjoy. If you have a number of agape for your Pilgrim, be sure to mark the bags with your Pilgrim's name as well as for Day 1, Day 2, or Day 3. Larger agape items should be held by the sponsor for Sunday delivery to the Pilgrim when they are taken home. Having large agape items at the Walk is not allowed.

Anything donated needs to fit in a 6" x 9" bag. Please respect this requirement as it makes it so much easier for the Agape team to deliver specific agape.

If you are a sponsor – you have specific agape duties as you will be collecting it from your Pilgrim's friends and family. Be sure to mark your calendar and send reminders allowing plenty of time for mail, etc. to arrive with their agape. This is the agape that has such a special meaning to your Pilgrim. The earlier in the weekend you can get your agape to the site,

the better for the Agape Team. Your early delivery will mean the Team does not have to stay up all night

separating agape for the next day's deliveries to Pilgrims.

~Kay Pealstrom

## DID YOU CHANGE YOUR EMAIL ADDRESS?

If you need to change your email address so the Rooster Tales finds you, now you may go online to the website: www.azemmaus.org, click on the "Newsletter" tab and then click on "Subscription Change."

It will ask you to enter your old email and then the next two boxes ask you to enter your new email. Click

"Change Email" and you are done. Then just sit back



and wait for the next issue of the Rooster Tales to tell you it is there. If you print it out, you will have the dates, times, etc. at your fingertips.

#### REMINDER TO SPONSORS

Just a reminder to all who sponsor a pilgrim/caterpillar on a walk or flight. Be sure to **stay for** 

sponsor's hour where you are called to pray over YOUR pilgrim/caterpillar's cross. Too often a sponsor is not present and someone has to stand in for you. It is a blessing to pray for your pilgrim/

Korget Korget caterpillar and to know that you have done this when they receive their cross on Sunday. You are blessed by blessing them!

#### PRAYER VIGILS AVAILABLE FOR SIGN-UPS!

If you have never taken a moment to sign up to pray for one of our Chrysalis flights or a walk, then please do!

Go to www.azemmaus.org and click on chrysalis, weekend schedule and then prayer vigil. It will show you the times that have not yet been covered and you may sign up for one or more times to pray for the caterpillars or pilgrims.

It is so meaningful to those who learn that people that don't even know them are praying for them during their weekend!

~Kathy Tracy, Agape Chair

#### When I say good morning, I mean to say:

God
Offers us His
Outstanding
Devotion to



Make us
Obedient &
Ready for a
New day with Him.
Inspire others please, and
Never forget
God loves you!

#### WHY GROUP! KEEPING THE FAITH

After my Walk, I felt as if I glowed in the dark, filled with holy fire that I was convinced everyone must surely see. I could close my eyes and my Candlelight experience would rerun on my mind's video nearly every time I closed my eyes. But eventually reality breaks through and there you are, back in the trenches – living. That is why finding a group is so important for new Pilgrims. Even more importantly is scheduling your grouping time into your daily life. Grouping regularly helps to keep you accountable and renews your Walk.

How to start:

#### Finding a group

There is more than one way to find a group. Look at your schedule. Do days, evenings, a.m. or p.m. or Saturdays work well for your own busy life? Do you want to meet at a coffee house or restaurant for lunch or dinner? Each other's homes? What would be most comfortable for you? Once you know when you want to meet (have a couple choices in case your first choice doesn't work out) – then check with your sponsors or pilgrims from your own walk about joining a group.

Most groups are from 4-6 members. Larger than that are difficult in a couple of ways. First, you lose some of the intimacy of a smaller group. Secondly, your meetings are longer or your group-mates cut their own time short and leave feeling they needed more time. It is clearly something to consider when choosing your group.

#### What to take

Some things you might want to take to your first grouping meeting is your small grouping card, your purple book, a small notebook and a pen or pencil to write special prayers in. Keep these things in the same place where you can find them every meeting. Whether it is a special small bag, or in the visor of your car, you will need these every time you group.

#### Other questions you may have

Can I bring a friend to group? It isn't a good idea to bring along visiting relatives, friends or kids when you can't find a sitter. Grouping is a special time of confidential personal conversations about our lives and our faith. Not everyone is willing to do so in front of unexpected guests. It may not be a difficult week for you, but one of your grouping sisters/brothers may have had a tough week and need that safe place for discussion.

Can I invite someone to join our group? If you hear of a friend or someone looking for a group, it is a good rule to

discuss it with your group-mates **first**. It is best to come to a consensus as a group prior to inviting a new addition, since you will be discussing personal life experiences and sometimes private troubles where special prayers are needed.

What if I have to leave early, or can't make it? If you have an unexpected conflict or have to leave early – just let everyone know as soon as possible prior to the meeting.

Gossip has crept into grouping during those initial moments of gathering. What should I say? It is easy during those first moments of 'catching up' prior to the start of grouping to pass on 'news' about people known in common to slide in what can only be identified as gossip. Stopping the conversation from going forward without appearing judgmental in some way isn't that easy. One possibility is to ask everyone to pray for the person going through whatever negative events that are coming up – and then getting back on track with your grouping card.

~Kay Pealstrom

#### MEMORANDUM TO YOU FROM GOD ...

To: YOU
Date: Today
From: God
Subject: Yourself
Reference: Life

This is God. Today I will be handling all of your problems for you. I do not need your help. So, have a nice day. I love you.

P.S. And, remember... If life happens to deliver a situation to you that you cannot handle, do not attempt to resolve it yourself! Kindly put it in the SFGTD (something for God to do) box. I will get to it in MY TIME. All situations will be resolved, but in My Time, not yours.

Once the matter is placed into the box, do not hold onto it by worrying about it. Instead, focus on all the wonderful things that are present in your life now.

Should you decide to send this to a friend, thank you. You may have touched their life in ways you will never know!

Now, you have a nice day.

~God

#### THE DISCERNMENT PROCESS

Have you ever wondered how Lay Directors or Assistant Lay Directors are chosen for a team? We have been asked that by quite a few people and we want to share how this happens. It is through a process known as spiritual discernment.



Around 10-13 months before a scheduled Walk, each member of the Board of Directors of the Arizona Walk to Emmaus is given a list of those persons who are eligible to serve as a Lay Director. To qualify, a community member needs to have served on 1 cook team, 1 talk team, and twice as

an Assistant Lay Director. This is the minimum requirement, and it is rare for someone to be discerned with only the minimum numbers satisfied. After receiving the list, each Board member is asked to prayerfully seek God's will in choosing 6 people. The names selected are sent to the Community Lay Director in the order of preference. The Community Lay Director tallies the results and then shares this at the next Board meeting. The Board discusses the results and approves the next Lay Director. A similar process is used for the Assistant Lay Directors. The minimum requirements are service on 1 cook team and 1 talk team. Each Board member prayerfully discerns 6 persons who have served as an Assistant Lay Director before and 6 persons who have not served in that position previously. The results are sent to the Community Lay Director, who tallies the results and shares this at the next Board meeting. The names selected are discussed and approved. Then the Lay Director prayerfully discerns 2 from each of these lists to serve as his/her Assistant Lay Directors.

It is important to see that each Board member wraps this entire process in prayer every step of the way. You have heard that Emmaus floats on a sea of prayer, and so does the process of discernment.

**~Frank Northrup**, Community Lay Director



## WHEN CAN I WEAR MY EMMAUS CROSS?

Your AZ WTE Board has decided you *may* wear your cross to any Emmaus function *except* Thursday night send-off/sponsor's hour. Feel free to wear it to your church or whenever you would normally wear a cross. Enjoy and God bless!



#### HELP US REACH YOU!

We need your HELP! When the Lay Directors begin formation of each Walk to Emmaus team, they receive a list of willing men and women who would like

to serve. You have been trained and you are grouping. They pray over these lists, compile names to call and when the calls are made the phone numbers are incorrect, have been disconnected, the mailbox is full or a variety of other reasons. The Lay Directors who are trying to put a team of servants together are getting dozens of bad numbers. Please, if you think that this applies to you and you wonder why you haven't been called to serve, this may be the reason. You may contact me or any member of the Arizona Walk to Emmaus board of directors and we will be glad to make any corrections. We are listed on the back page of the Rooster les. That "cook/cookie" hat is waiting for you.

Let us hear from you so that you can hear from us. Also, when you are contacted to serve on a team, please return the call even if you cannot serve at this time.

Please, call today to update your phone records!

~Janet Paterson, Communications Chair 480-632-2199

Walk to Emmaus
is ordinary people
(God's children)
working together to
accomplish extraordinary
things.



Caution when passing by school zones. Some schools are soon to be in session.

Pray for teachers to reach those who seem not to

want to learn. Pray to give them patience and to see the good in all.

**AZ** Walk to Emmaus P. O. Box 86309 Phoenix, AZ 85080-6309 Website address: www.azemmaus.org

### **SUMMER 2012**





## **BOARD OF DIRECTORS, 2012**



EMMAUS OFFICE	623-937-9391	
Community Lay Director	. Frank Northrup	
520-975-7463 FranknDo	nna@comcast.net	
Assistant Community Lay Director Wally Athey		
602-421-8752	hey@hotmail.com	
Secretary	Sharon Daigle	
480-570-4836 sdaig		
Treasurer	Debbie Rives	
480-860-9017	nart2rives@cox.net	
Agape	Kathy Tracy	
480-497-1075	nthyraet@cox.net	
Communications	. Janet Paterson	
480-632-2199 JI	=	
4th Day Te	erry & Beth Price	
602-863-6975 arizonaj		
Music	. Ted Bachelder	
480-963-0722	oachelder@cox.net	
Chrysalis liaison		
928-527-4212 z		

Pre-Emmaus	Bill & Dusty La Noue
480-831-2811	ž
Gatherings	<u> </u>
602-881-0328	Jim
602-881-0695	Cindymcfadden53@yahoo.com
Three Day	Larry & Mary Wilson
480-234-6644	lwilson2005@cox.net
Community Spiritual Director Louie Lyon	
623-238-8455 cell	
623-974-5821, x-117 office	Louiepreacher@cox.net
Registrar Ann Skipper	
602-478-2652	annbutrum@qwestoffice.net
Southern Arizona Hal Lofgren	
520-663-0775	Weeg0880@cox.net
&	Donna Northrup
520-400-9870	FranknDonna@comcast.net
Northern Arizona	Sarah McGuire
928-853-3584	Smcguire@wlgore.com
& John Weber	
928-225-0989	zzweber@juno.com